

## SCREENING MAMMOGRAPHY GUIDELINES

American Cancer Society and University Breast Health Center mammography screening guidelines are:

- Patient must be 35 years of age.
- Women 40 and over should have a mammogram every year. If they have a strong family history and younger than 35 a physician order is required.

### ADDITIONAL GUIDELINES

- 1 full year must have lapsed since a previous mammogram.
- The participant must be the established patient of a physician and provide the complete office address and phone number of that physician.
- The participant is encouraged to bring her last mammography films if possible. If this is not possible, please provide us with a phone number and location of your last mammogram.

Women with one or more of the following circumstances are unable to participate in the screening program:

- Significant "lump" needing diagnostic evaluation by a physician.
- Unusual nipple discharge.
- Breast implants.

Appointments are necessary for the mammography exam. Each participant will receive education on breast self-exam at the time of her appointment.

For further information, please feel free to contact the Breast Health Center Mobile Mammography Department at 706/774-4149 or ask your physician's office to schedule your appointment.

*Thank you for choosing University's Mobile Mammography Unit for your breast care needs. Our van is fully accredited by the American College of Radiology and the Food and Drug Administration.*



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## SCREENING MAMMOGRAPHY PATIENT INFORMATION

### YOUR RESULTS

- You are having a state-of-the-art digital mammogram today with certified mammography technicians. While you are here, the technologist will review your photo for technical quality. The radiologist will read your photo and dictate a report within 2-to-4 business days. We will also use a computer assisted device to look for abnormalities as an added safeguard. A typed report of the results should arrive at your physician's office within seven working days.  
(If your physician's office is not located near University Hospital, the report should arrive within 7-to-14 days).

- In addition, you will receive a letter from us explaining the results of your mammogram in 7-to-14 days. If you have not received a letter within two weeks, **please call the University Breast Health Center/Mobile Mammography at 706/774-4149 or toll free 866/774-4141.**

### ADDITIONAL VIEWS

- There is a 10-15 percent chance that the radiologist may ask you to return for more views (additional imaging). This is not unusual, and should not be cause for alarm. More detailed pictures of a particular breast and/or a breast ultrasound are sometimes indicated to rule out any problems.
- If additional views are necessary, you will receive a call from our staff to schedule a follow-up appointment.

The facility or center you visit for your additional images will send you the result letter(s) by mail within several days. These final results will usually be given to you at the time you have the additional views performed.



### ABOUT PREVIOUS MAMMOGRAM FILMS

- It is essential that the radiologist reviews and compares your previous mammogram films to those taken today. This practice ensures the highest quality result. If your previous films are from another facility and are not in our possession today, please note:
  1. We will ask you to provide us with the name of the facility at which your previous mammogram was performed. If you cannot give us this information, we cannot request previous films and will treat your current study as a new baseline. If you can provide us with the information needed, and we do not already have your prior mammograms available, we will try to obtain them. It normally takes about 30 days to get these films from outside facilities.
  2. Once obtained, the radiologist will compare your previous films to your current study and issue a report to your physician. You will also receive another letter from us explaining the final results of the comparison.

### BILLING INFORMATION

- For billing questions concerning your mammogram, please call the University Health Care System Billing Office at 706/828-2303.
- For billing questions concerning the interpretation or reading of the mammogram, please call the Brown & Radiology Associates Billing Office at 706/737-4275.
- Please note that patients will be billed separately by the Mobile Mammography Unit where the image is taken and by Brown & Radiology Associates where the image is viewed and interpreted by a board-certified radiologist.

#### **Remember**

To maintain good breast health, have a mammogram every year beginning at age 40, obtain yearly breast examinations by your physician, and perform breast self-examinations every month.

